

1983 WESTERN REGIONAL CROSS COUNTRY MEET  
 Hosted by California State University, Sacramento  
 October 29, 1983

Women's Division

5,000 Meters

<u>Pl</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Pl</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Gray, Patricia	Davis	17:15.6	23	Shansby, L	Seattle	18:32
2	Harper, Amy	SLO	17:18.8	24	Manning, C	Hay	18:39
3	White, Lesley	SLO	17:21.3	25	Arzu, Helen	River.	18:41
4	Root, Robin	SLO	17:23.9	26	Riedel, N	Davis	18:44
5	Koudela, Kathy	Hay	17:29.8	27	Perry, Jill	Davis	18:45
6	Nichols, M.	SLO	17:38.3	28	Doering, J	Pom	18:46
7	Dunsmuir, Katie	SLO	17:38.8	29	Allred, J	North.	18:49
8	Koelfgen, Lisa	Seattle	17:40.3	30	Hernandez, d	North	18:49
9	Manning, Katy	SLO	17:47.1	31	Strout, Colleen	Sac	18:50
10	Prieur, Gladees	SLO	17:49.4	32	Sweetman, T	Pom	18:58
11	Manrueguez, M	North	17:50	33	Dolan, Kathy	Hum	18:58
12	Anderson, M	Son	18:08	34	Ridriguez, L	North	19:05
13	Ranstad, Leslie	Seattle	18:12	35	Brazel, T	North	19:06
14	Morris, Debbie	Hay	18:16	36	Rinde, Laura	Sac	19:07
15	Phipps, Michele	Hay	18:17	37	Zieschang, M	Hay	19:07
16	Pratt, L	North	18:20	38	Thatcher, J	Davis	19:12
17	Gunn, S	Chico	18:23	39	Nelson, M	Seattle	19:14
18	Slatton, T	North	18:23	40	Claiborne, C	Humb	19:15
19	Benson, C	Seattle	18:26	41	Negri, F	Davis	19:18
20	Menge, K	Davis	18:30	42	Moore, T	Chico	19:21
21	Tully, C	Davis	18:31	43	Stothers, C	Hay	19:23
22	Miller, J	Port	18:31	44	Ross, L	Chico	19:26

<u>Pl</u>	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Pl</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
45	Chavez, A	LA	19:32	72	Kuffel, P	River	20:53
46	Vega, Ruth	Sac	19:34	73	Gilmore, F	River	20:54
47	Garcia, M	Pom	19:39	74	Lowe, Laura	Bakers	20:58
48	Morlang, C	Sac	19:40	75	Jones, J	LA	21:06
49	Crowley, R	Chico	19:41	76	Adkins, V	LA	21:13
50	Prentice, K	Sac	19:44	77	Lucas, L	LA	21:14
51	Hurtado, D	Don. H.	19:46	78	Daris, V	LA	21:17
52	Hunt S	Hum	19:48	79	Kutulas, S	Son	21:18
53	Harding, L	Pom	19:49	80	Vanderford, C	Chico	21:21
54	Mangiapane, N	Hay	19:49	81	Malyjurek, L	Dom. H.	21:37
55	Gutierrez, V	Pom	19:51	82	Townsend, R	Son	22:00
56	Mandy, G	Sac	19:53	83	Saldana, S	Dom. H.	22:44
57	Weitz, J	Seattle	19:55	84	Mason, J	Dom. H.	22:45
58	Mayer, M	Port	19:56	85	Farrara, M	Son	22:52
59	Woodard, D	River	19:57	86	Brown, J	Son	23:16
60	Figliomeni, D	Sac	19:58	87	Paschall, T	Chap	24:00
61	Johnson, L	Hum	19:59	88	Garza, I	Bakers	24:24
62	Ramirez, L	Hum	20:05	89	Rippe, M	Chap	24:35
63	Gabelein, S	Seattle	20:07	90	Werner, M	Dom. H.	25:02
64	Nielsen, S	Hum	20:17	91	Cervantes, M	Dom. H.	26:24
65	Pieratt, R	Hum	20:18	92	Vimesgen, R	Chap	27:05
66	Cartere, J	River	20:25	93	Stuart, S	Chap	29:35
67	Trumbull, T	Son	20:25				
68	Farley, K	Pom	20:35				
69	Armstrong, V	Chap	20:36				
70	Duffy, M	Son	20:37				
71	Bassi, L	Pom	20:49				

Davis

1  
20  
21  
25  
26  
93

San Luis Obispo

2  
3  
4  
6  
7  
22

Hayward

5  
14  
15  
23  
36  
93

Seattle

8  
13  
19  
22  
38  
100

Northridge

11  
16  
18  
28  
29  
102

Sonoma

12  
65  
68  
76  
79  
300

Chico

17  
41  
43  
48  
77  
226

Riverside

24  
57  
64  
70  
71  
286

Pomona

27  
31  
46  
52  
54  
210

Sacramento

30  
35  
45  
47  
49  
206

Humboldt

32  
39  
51  
59  
60  
241

Los Angeles

44  
72  
73  
74  
75  
338

1. San Luis Obispo	22	6. Sacramento	206	11. Sonoma	300
2. Hayward	93	7. Pomona	210	12. Los Angeles	338
3. Davis	93	8. Chico	226	13. Dominguez Hills	375
4. Seattle	100	9. Humboldt	241	14. Chapman	413
5. Northridge	102	10. Riverside	286		